

# 3<sup>rd</sup> GUP BLUE

**\$30**

Test Fee

Student Name \_\_\_\_\_

AGE

Belt Size

Promotion Rank

## KICKS:

- Midair 180° Jump Back Kick
- Sweeping Kick
- Hooking Kick Defensive  
(Rear & Lead)
- Multiple Kicking

## PATTERNS:

- Chon Ji       Yul Gok
- Dan Gun       Joong Gun
- Do San       Toi Gye
- Won Hyo

## KNOWLEDGE:

- What is the Toi-Gye pattern diagram, number of moves and meaning?
- What are the 9 points to be observed while performing patterns?

## STEP SPARRING:

- 3 Step       1 Step
- 2 Step       Prearranged

## SELF DEFENSE:

- #1       #3
- #2       #4

## ATTENDANCE:

- 3 Months active training
- 24 Classes

## TOURNAMENT COMPETITION

\_\_\_\_\_

\_\_\_\_\_

Date & Event

**\*\* 2 Tournaments Required \*\***

## BREAKING 13 years +:

- Hand
- Foot

Test Partner \_\_\_\_\_

Tester \_\_\_\_\_