

# 8<sup>th</sup> GUP YELLOW

**\$30**

Test Fee

Student Name \_\_\_\_\_

AGE

Belt Size

Promotion Rank

## KICKS:

- Rear Leg Turning Kick
- Lead Leg Turning Kick
- Stepping Turning Kick
- Turning Back Kick
- Jump Front Kick

## PATTERNS:

- Chon Ji
- Dan Gun

## 3 STEP SPARRING:

- Beginning
- Intermediate

## SELF DEFENSE:

- #1
- #2
- #3
- #4

## KNOWLEDGE:

- What is the student oath?
- What are the 5 tenets of Taekwon-Do?
- What is the Dan-Gun pattern diagram, number of moves and meaning?
- What does the color Yellow Belt signify?

## BREAKING 13+ years:

- Hand
- Foot

## ATTENDANCE:

- 3 Months active training
- 24 Classes

Test Partner \_\_\_\_\_

Tester \_\_\_\_\_